

www.sunalle.it

SUNALLE

Considered to be one of the oldest kinds of bread around the world,
the Carasau bread is synonym of Sardinia.



WWW.SUNALLE.IT

the most modern bread has the oldest tradition.

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THE MEANING OF “SUNALLE”

It all started with “thu mathaiu”, a forefather of ours who devoted his time to working the farmland and taking care of the earth. Here, he ploughed the fields of wheat and barley, which he then harvested in such a way as to leave in the soil what was called “SUNALLE”, the lowest part of the ear.

It became the family’s nickname and today it is the name of our company, which has been our pride and joy for generations – the trace of a history constituted by experience, ongoing research and methods that over the years have been strengthened and consolidated.

Since 1991, we have been making traditional Sardinian bread, in ways that fully respect the environment that we call home: from the choice of ingredients to the use of clean energy, now meeting one-third of our requirements. We work in partnership with universities and research centres to make our output increasingly sustainable and ever more respectful of tradition.

FRESH CRISPY HEALTHY

The Carasau crispy bread is made with few simple and natural ingredients: remilled durum wheat semolina, water, salt and brewer’s yeast. The end product is a fine foil, baked and toasted in the oven that can last for up to 12 months.

The Guttiau it is a variant of pane Carasau to the surface of which we add olive oil and salt – simple ingredients, but ones that are able to give the bread a unique, distinctive flavour. These are extremely versatile foodstuffs that can be used to prepare quick, balanced and delicious dishes! Try them crunchy as the decoration or base for your dishes, or soften them up by dipping them in water for a few seconds, savour them with your aperitif, or just enjoy them as healthy, tasty snacks at any time.

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PANE GUTTIAU SFOGLIE CLASSICHE

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148715** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE AL ROSMARINO

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148722** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE AL PEPERONCINO

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148739** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE ALLA CIPOLLA

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148746** | SHELF LIFE **12 MONTHS**



PANE CARASAU SFOGLIE CLASSICHE

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148753** | SHELF LIFE **12 MONTHS**

PRICE EURO | WEIGHT **300g** | PC X BOX **16**

| EAN **8011194148760** | SHELF LIFE **12 MONTHS**



PANE CARASAU SFOGLIE CLASSICHE

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148777** | SHELF LIFE **12 MONTHS**



SFOGLIE NERE TOSTATE NIEDDU

PRICE EURO | WEIGHT **180g** | PC X BOX **12**

| EAN **8011194148784** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE CLASSICHE

PRICE EURO | WEIGHT **180g** | PC X BOX **12**
| EAN **8011194148524** | SHELF LIFE **12 MONTHS**

PRICE EURO | WEIGHT **300g** | PC X BOX **16**
| EAN **8011194148562** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE AL ROSMARINO

PRICE EURO | WEIGHT **180g** | PC X BOX **12**
| EAN **8011194148531** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE AL PEPERONCINO

PRICE EURO | WEIGHT **180g** | PC X BOX **12**
| EAN **8011194148548** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU SFOGLIE ALLA CIPOLLA

PRICE EURO | WEIGHT **180g** | PC X BOX **12**
| EAN **8011194148555** | SHELF LIFE **12 MONTHS**



PANE CARASAU CLASSICO

PRICE EURO

| WEIGHT **250g** | PC X BOX **10**

| EAN **8011194148517** | SHELF LIFE **12 MONTHS**



PANE CARASAU SUMESU

PRICE EURO

| WEIGHT **500g** | PC X BOX **10**

| EAN **8011194150008** | SHELF LIFE **12 MONTHS**



PANE CARASAU MEZZALUNA

PRICE EURO

| WEIGHT **500g** | PC X BOX **10**

| EAN **8011194105008** | SHELF LIFE **12 MONTHS**



SFOGLIE NERE TOSTATE NIEDDU

PRICE EURO

| WEIGHT **300g** | PC X BOX **10**

| EAN **8011194250005** | SHELF LIFE **12 MONTHS**



PANE CARASAU

CARTONCINO

PRICE EURO

WEIGHT **800g** | PC X BOX **10**

EAN **8011194138501** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU

CLASSICO

PRICE EURO

IVA: 4% | WEIGHT **250g** | PC X BOX **10**

EAN **8011194190028** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU

SUMESU

PRICE EURO

WEIGHT **500g** | PC X BOX **10**

EAN **8011194108191** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU

MEZZALUNA

PRICE EURO

IVA: 4% | WEIGHT **400g** | PC X BOX **14**

EAN **8011194304005** | SHELF LIFE **12 MONTHS**



PANE PISTOCCU BIANCO

PRICE EURO

| WEIGHT **850g** | PC X BOX **10**

| EAN **8011194109006** | SHELF LIFE **12 MONTHS**



PANE PISTOCCU BIANCO

PRICE EURO

| WEIGHT **500g** | PC X BOX **16**

| EAN **8011194161004** | SHELF LIFE **12 MONTHS**



PISTOCCU INTEGRALE INTEGRALE

PRICE EURO

| WEIGHT **850g** | PC X BOX **10**

| EAN **8011194150039** | SHELF LIFE **12 MONTHS**



PANE CARASAU BIOLOGICO

GUSTO.BIO

PRICE EURO

WEIGHT **250g** | PC X BOX **10**

EAN **8011194190004** | SHELF LIFE **12 MONTHS**



PANE CARASAU

AD ALTO CONTENUTO DI IODIO

PRICE EURO

WEIGHT **300g** | PC X BOX **14**

EAN **8011194109297** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU BIOLOGICO

GUSTO.BIO

PRICE EURO

WEIGHT **250g** | PC X BOX **10**

EAN **8011194190011** | SHELF LIFE **12 MONTHS**



PANE GUTTIAU

AD ALTO CONTENUTO DI IODIO

PRICE EURO

WEIGHT **300g** | PC X BOX **14**

EAN **8011194109198** | SHELF LIFE **12 MONTHS**





PANE GUTTAU AL PEPERONCINO

PRICE EURO

| WEIGHT **350g** | PC X BOX **14**

| EAN **8011194108092** | SHELF LIFE **12 MONTHS**



PANE GUTTAU AL ROSMARINO

PRICE EURO

| WEIGHT **350g** | PC X BOX **14**

| EAN **8011194108085** | SHELF LIFE **12 MONTHS**



PANE GUTTAU ALLA CIPOLLA

PRICE EURO

| WEIGHT **350g** | PC X BOX **14**

| EAN **8011194108078** | SHELF LIFE **12 MONTHS**



SCRICCHIOLE CLASSICHE

PRICE EURO

| WEIGHT **75g** | PC X BOX **28**

| EAN **8011194240006** | SHELF LIFE **210 DAYS**



SCRICCHIOLE ROSMARINO

PRICE EURO

| WEIGHT **75g** | PC X BOX **28**

| EAN **8011194220015** | SHELF LIFE **210 DAYS**



SCRICCHIOLE MEDITERRANEO

PRICE EURO

| WEIGHT **75g** | PC X BOX **28**

| EAN **8011194220039** | SHELF LIFE **210 DAYS**



SCRICCHIOLE PAPRIKA

PRICE EURO

| WEIGHT **75g** | PC X BOX **28**

| EAN **8011194220022** | SHELF LIFE **210 DAYS**





SCRICCHIOLE CLASSICHE

PRICE EURO

| WEIGHT 500g | PCX BOX 9

| EAN 8011194148647 | SHELF LIFE 6 MONTHS



SCRICCHIOLE ROSMARINO

PRICE EURO

| WEIGHT 500g | PCX BOX 9

| EAN 8011194148616 | SHELF LIFE 6 MONTHS



SCRICCHIOLE MEDITERRANEO

PRICE EURO

| WEIGHT 500g | PCX BOX 9

| EAN 8011194148678 | SHELF LIFE 6 MONTHS



SCRICCHIOLE PAPRIKA

PRICE EURO

| WEIGHT 500g | PCX BOX 9

| EAN 8011194148623 | SHELF LIFE 6 MONTHS



SCRICCHIOLE CLASSICHE

PRICE EURO

| **WEIGHT 1000g** | **PC X BOX 6**

| **EAN 8011194148500** | **SHELF LIFE 6 MONTHS**



SCRICCHIOLE ROSMARINO

PRICE EURO

| **WEIGHT 1000g** | **PC X BOX 6**

| **EAN 8011194148609** | **SHELF LIFE 6 MONTHS**



SCRICCHIOLE MEDITERRANEO

PRICE EURO

| **WEIGHT 1000g** | **PC X BOX 6**

| **EAN 8011194148661** | **SHELF LIFE 6 MONTHS**



SCRICCHIOLE PAPRIKA

PRICE EURO

| **WEIGHT 1000g** | **PC X BOX 6**

| **EAN 8011194148654** | **SHELF LIFE 6 MONTHS**



FREGULA SARDA TOSTATA

TRAFILATA AL BRONZO

PRICE EURO

| **WEIGHT**500g | **PC X BOX**12

| **EAN** 8011194260028 | **SHELF LIFE** 24 MONTHS



GNOCCHETTI SARDI

TRAFILATI AL BRONZO

PRICE EURO

| **WEIGHT**500g | **PC X BOX**16

| **EAN** 8011194260066 | **SHELF LIFE** 24 MONTHS



SAVOIARDO SARDO

PRICE EURO

| WEIGHT **350g** | PCX BOX**12**

| EAN **8011194200000** | SHELF LIFE **4 MONTHS**



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SUNALLE

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DO YOU KNOW THAT

Call it the music bread,
its sound is highly connected
with its crispiness.
This traditional bread
accompanied the shepherds
during the transhumance;
it was in fact light,
nourishing and easy to preserve during
those long months away from home.
It was prepared in big amounts
in every family and then stored
inside splendid trunks,
like a treasure of inestimable value.
Sunalle still guards this treasure
with the same care,
passing down our tradition
and its unmistakable taste
to the next generation.

M.F.M SRL

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Made in
SARDINIA



INTERNATIONAL FOOD STANDARD



ORGANIC